Learning the 5 Phases of Retirement



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With twice as many Americans born in 1955 than in 1935, millions are entering, passing through, or have completed mid life, and though retirement will be different for everyone, there are common phases to the process. It helps to understand these because it provides retirees with a language to put their feelings and experiences into words, and also provides a set of landmarks to help them judge where they are and what lies ahead.

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[1] https://personalsafetynets.com/content/learning-5-phases-retirement

• Who We Are Page 1 of 1