



Building A Team With Effective Communication

Your goal is to build a dependable team by communicating clearly and effectively.



[1] *Good communicators:*

- Are aware of their conversational style and habits
- Know what styles and habits in other people are difficult for them
- Are flexible in their communicating
- Sincerely desire to create shared meaning with others
- Interpret gently

Barriers to good communication:

- Assuming that your style is the right style, his/her communication style
- Interpreting other people's meanings as you would your own

People start off with different assumptions about the world and about relationships. This can lead to differing communication styles.



[2] *Communication styles*

Type A (sometimes labeled as female):

- See themselves as individuals in a network of connections
- Prefer to be connected
- Might say, "We're close and have much in common"
- Often define role as to help one another

Type B (sometimes labeled as male):

- [Get Started](#)
- [Who We Are](#)



- See themselves as individuals in hierarchical structure of individuals
- Prefer to know who has more or less power
- Often see others as potential threats
- See people as “separate and dif- ferent”
- Often see their role as protecting someone or something

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