



Master List - Things to Add to a Personal Safety Notebook

[A CHECKLIST TO GET YOU STARTED - FREE](#) [1]

Readers and workshops attendees often say, *"If you'd just put a list together of all the things I need to do and need to have, my life would be much easier, and part of my personal safety net would be much closer to complete."*

Well, it takes more than a list, although it is a way to get you on the road. So while we want you to read up and work on your skill base - learning to ask, learning to plan, and learning to use a group to accomplish goals and needs - we hear your pain.

Therefore, here is a simple list to get you started. Print it out and start organizing and completing the check list to know that you'll be better prepared when those unexpected challenges and changes come your way.

Not everyone will have or need every item on this Master List. Go through them now and every few years to keep current. Check to see if you have/need any, or all of these?

- If so, **where** can it be found/ where is the paperwork?
- **Who** else needs to know where they are? **Who** do you want to share it with?
- **What** do you need to do/have/prepare to be able to share?
- **When** do you want to share it?
 - **Note: some items may appear on more than one list. Items are in alphabetical order.**

[Download Your PSN Checklist](#) [2]

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[2] https://personalsafetynets.com/sites/default/files/download_-_organizing_your_personal_safety_net_checklist.pdf