

Getting Started: Beginning List of People, Plans, and Resources

Knowledge is power: What do I know?

- Where are my important papers? The key to my safe deposit box? The password to my email address list? The spare key to my house? Who else knows this?
- Financial:
 - Bank/banker
 - Local branch
 - Credit union
- Insurance:
 - Life
 - Auto/home
 - Medical
 - Other
- Personal/Emotional: **UNLESS THIS IS STRONG, THE REST MAY FALL APART.**
 - Who are my friends? Who could I most likely count upon? To whom do/would I turn for various kinds of support? (Malcolm Gladwell's "Sympathy team")
 - ICE entries: Who'd be called first in an emergency? What would they need to know? Have I told them?
- Community:
 - Organizations that help or support me
 - Specific or categories of places I can/do turn to
- Spiritual:
 - My church/synagogue/mosque
 - What group inspires/supports me?
- Medical:
 - History
 - Current primary doctor
 - Allergies
 - Medications
- Legal:
 - Will
 - Ethical will
 - Plans for funeral
 - Affairs in order

The web of plans, resources, systems, and people who give meaning, support, and ease to my life.

Have I thought about?